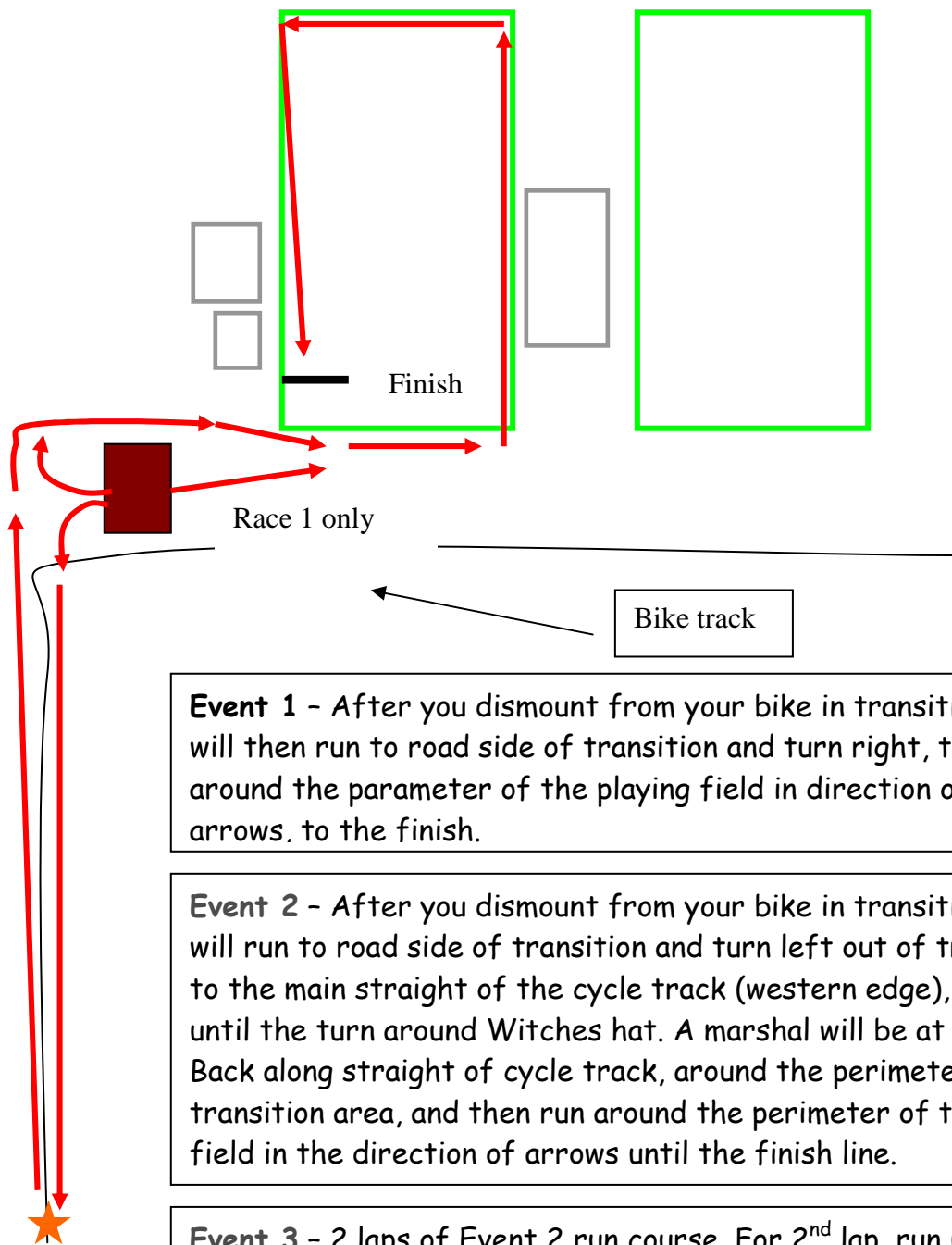


ETC Club Triathlon - Run Course



Event 1 - After you dismount from your bike in transition area. You will then run to road side of transition and turn right, then run around the parameter of the playing field in direction of red arrows. to the finish.

Event 2 - After you dismount from your bike in transition area. You will run to road side of transition and turn left out of transition on to the main straight of the cycle track (western edge), continue until the turn around Witches hat. A marshal will be at turn around. Back along straight of cycle track, around the perimeter of the transition area, and then run around the perimeter of the playing field in the direction of arrows until the finish line.

Event 3 - 2 laps of Event 2 run course. For 2nd lap, run up hill towards road side of transition and turn left heading out to the main straight of the cycle track and back.

Event 4 - After you dismount from your bike in transition area. You will then run to road side of transition and turn right, then run around the parameter of the playing field in direction of red arrow. For the next 4 laps, run up hill towards road side of transition and turn left heading out to the main straight of the cycle track (witches hats on left side), continue until the turn around Witches hat. A marshal will be at turn around. Back along straight of cycle track, around the perimeter of the transition area, and then run around the perimeter of the playing field in the direction of arrows until the finish line.