



Engadine Triathlon Club

April 2015 Newsletter

Hi all,

Another season is drawing to a close, though a few big races remain on the calendar before the goggles and bike knicks are stuffed in the back of the cupboard.

Upcoming Races

Port Macquarie Ironman is on May 3, with ETC competitors entering the final few big weeks of training. This race also marks the Australian TriClub Championships. Last year, with 8 competitors, we managed to finish 3rd in division 3, a fantastic result for the club. Good luck in the remainder of training for all those competing.

NSW Club Championships in Forster falls a few weeks later on May 16, and sets the scene for a great finish for the season. We also saw some great results from the club last year, and more importantly, I don't think anyone came away without enjoying themselves as we made the most of a warm autumn evening after the race. We have 10 members signed up so far, and another few who are in the 'gunna come' camp – sign up now. If you can't (or don't want to race) but happy to come up, please register yourself as a volunteer and earn points for the club. Volunteers don't need to be club members to earn points, so if you have family or friends coming up, get them involved too. Let us know if you are coming either way, by return email or on Facebook so that we can plan for the day and evening.

Committee Meeting

The committee recently held a meeting in which a number of items were discussed. I have attached the notes from the meeting, and summarised the key points below:

- Warwick Terry has resigned from his position as Club Secretary. On behalf of the committee, we would like to thank Warwick for his hard work, passion and dedication to the role and to the club.
- With Warwick's departure, the position is vacant. This email serves as a call for volunteers for the position. The role requires the person to conduct correspondence of the club, provide a report on year's activities at the club presentation and keep detailed minutes of all meetings. In the absence of any interest, general committee member Rachel Kennedy has volunteered to take on the role until the next AGM.
- A number of ideas around the future direction and focus of the club have been debated recently amongst club members, and these were discussed at length at the meeting. While there are no plans to change the direction of the club, there was agreement that training and events should include more variation and non-core disciplines such as mountain biking and perhaps kayaking, as well as broader marketing and training in adjacent areas such as Helensburgh and Menai.

Social Media Policy

I think it is timely to remind members that the club is covered by and endorses Triathlon Australia's Social Media policy, a copy of which is attached to this email. Of particular note, use of social media

"must not contain, or link to, libelous, defamatory, threatening, discriminatory or harassing content to another person or entity including TA, its representatives and stakeholders. This also applies to the use of illustrations or nicknames."

For the purposes of social media communication in relation to our club, TA, its representatives and stakeholders is deemed to include Engadine Triathlon Club and its members and stakeholders.

"Infringements of this policy may result in disciplinary action. A breach of this policy may also amount to breaches of other TA policies. This may involve a verbal or written warning, or in serious cases, termination of your...membership with TA. Comments deemed to be offensive, discriminatory, defamatory or illegal will be immediately removed from TA social media sites and will be requested to be removed from other sites."

Recent Race Results

2015 03 29 Challenge Bateman's Bay	
Laurel Rogers	5hrs 28mins 56 secs, 1st in age group
Leigh Gilbert	6hrs 28mins 45 secs

Recent Club Race Results

Recent race results for Club Aquathlons. Impressive turnout and some close racing in soggy conditions on Easter Saturday in particular.

2015 04 04 ETC Aquathlon (400m swim & 5 km run)	
Jay Kennedy	25 mins 47 secs
Chris Southwell	28 mins 09 secs
Madeline Morgan	32 mins 07 secs
Sharon Lane	32 mins 10 secs
Rachel Kennedy	32 mins 23 secs
Steve Cooper	32 mins 35 secs
Kim Tadjman	33 mins 25 secs
Malcolm Whitaker	34 mins 40 secs
Joanna Southwell	34 mins 55 secs
Dean Hill	36 mins 13 secs
Bronte Southwell (400m swim & 2 km run)	17 mins 15 secs

2015 03 14 ETC Aquathlon (400m swim & 5 km run)	
Kim Tadjman	35 mins 24 secs
John Beattie	42 mins 46 secs

2015 02 28 ETC Aquathlon (400m swim & 5 km run)	
Jay Kennedy	27 mins 15 secs
Malcolm Whitaker	35 mins 14 secs
Tiffany O'Neill	35 mins 42 secs
Dean Hill	38 mins 15 secs
Ian Manley	39 mins 44 secs
Neil Bartlett	40 mins 22 secs
John Beattie	43 mins 34 secs

2015 02 21 ETC Aquathlon (400m swim & 5 km run)	
Madeline Morgan	34 mins 04 secs
Kim Tadjman	34 mins 37 secs
Tiffany O'Neill	35 mins 49 secs
Malcolm Whitaker	38 mins 58 secs
John Hammerslag	43 mins 43 secs
John Beattie	45 mins 55 secs

Bunnings BBQ/Club Fundraiser

For those who didn't make it to last month's dinner, we have arranged to have a BBQ at Bunnings Kirrawee on September 5. This BBQ not only raises funds for the club, it is a good opportunity to promote the club to the community.

We need to have at least 6 volunteers at all times across the day. I have attached the collated schedule from the dinner, which shows we are over-subscribed for the 10-12 timeslot, but under across the rest of the day. It would be appreciated if you haven't already, volunteer a small part of your day to making this a success. Please let me know by return email, with a cc to Greg Thompson.

Australian Triathlon, Endurance and Cycling Expo

The ATEC expo is on 4-5 July at Sydney Showground. I have attached a flyer including a half-price discount for club members. For further information, check out their website and Facebook pages:

<http://www.atecexpo.com.au/>

https://www.facebook.com/pages/The-Australian-Triathlon-Endurance-Cycling-Expo/277551165751532?ref=br_tf

If you have any feedback on the expo, let me know and I will pass on to the event organisers.

Keep up to date

Keep up to date on our website and Facebook pages:

<http://www.engadinetri.com.au>

<https://www.facebook.com/pages/Engadine-Triathlon-Club/806630399366712>

Contact Us at ETCPresident@outlook.com or 0481 548 454